

CHICAGO SINGLES GOLF

Chicago Chapter - American Singles Golf Association - June 2023

COORDINATORS NEEDED FOR UPCOMING EVENTS

From the Assistant Golf Chair:

The 2023 season is off and running! Our opening event was held at Village Links on a chilly but dry day. **Tim Dowling** coordinated despite the fact that he was unable to play due to recent rotator cuff surgery. Thanks Tim and we hope to see you back on the links soon! Next up was Mount Prospect where twenty three golfers showed up on a beautiful day and were treated to plenty of excitement! See coordinator **Sharon Meyer's** article for all the details. Wrapping up May was Chevy Chase on Memorial Day Saturday. **Mike Madden** coordinated a small but fun group who all agreed the course was much improved from last year!

Please note: We need coordinators for the following events. Please consider volunteering to run one (or more!). It's really easy and if you need any help I'm happy to provide it.

Sun. 8/6 Prairie Isle
Sat. 8/19 Deerpath
Sat. 8/26 Orchard Valley
Sat. 9/2 White Pines
Sun. 9/3 Bowes Creek

Sat. 9/9 Red Tail
Sat. 9/16 Wilmette
Sun. 9/17 Sanctuary
Sun. 9/24 Bartlett Hills

~Kathi Brown, Assistant Golf Chair
kebartesian@aol.com 847-772-4512

Mt. Prospect Outing

We had a beautiful day for the ASGA 2023 Mt. Prospect golf outing. Twenty-two members participated. There was a great deal of excitement due to **Marie Bush** making a hole-in-one on par 3 hole number 7. Now this was not one of the closest to the pin holes so no proxy prize, BUT Marie will receive a \$250 cash award from ASGA for her achievement! Marie generously bought a drink for the ASGA group, and we all signed the flagstick flag the course gave her to commemorate the occasion.

Proxy winners were **Kate Dudley** for closest to pin women on hole 10, **Matt Kogan** for closest to the pin men on hole 16, and **Marie Bush** for longest putt on hole 18. Mt. Prospect graciously provided the nine-hole rainchecks which were

used for the proxy prizes.

Most of the group stayed after golf for a bite to eat, their free drink, and, of course, to congratulate **Marie!**

Thanks to all who participated. I hope you had a fun day!!

~Sharon Meyer

About Our Members

(THIS REPORT RAN 05/30/2023)

Happy Birthday to these members:

Richard Bachman - 06/12
Susan Barton - 06/04
Marie Di Virgilio - 06/24
Diane Meister - 07/01
Greg Mieczynski - 07/02

These members are up for renewal:

(date shown is last day of membership)

Richard Bachman - 06/30/2023
Andrea Donovan - 06/30/2023
David Halper - 06/30/2023
Matthew Kogan - 06/30/2023
Christina Landgraf - 06/30/2023
Robert Lewandowski - 06/30/2023
Diane Perini - 06/30/2023
Sheila Ramacci - 06/30/2023

NATIONAL EVENT INFORMATION

Events Open to All Members Nationwide



LOCAL CHAPTER INFORMATION

Next Meeting

TBD

Meeting Location

TBD

Our Chapter Website: www.ASGAChicago.org

Meetup Website: <https://www.meetup.com/ASGAChicago/>

(See next page for list of officers and board members.)

National Office

Office Hours: 9:00am to 2:00pm, M-F (Eastern)

National Office: 980-833-6450 or 1-888-GOLFMATE

Go to www.SinglesGolf.com/MyAccount to make changes to your address, phone, etc. To join or renew your dues, go to www.SinglesGolf.com/join

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Chicago Chapter
of the
American Singles Golf Association



Membership Chair

Sally Garneski
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Golf Chairs

Kathi Brown
kebartesian@aol.com

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Webmaster

Tim Ryan
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Secretary

Ronna Leibach
bows23@gmail.com

Legal

Robin Rash
robinrash@aol.com

Treasurer

Deborah Backman
dbackman415@gmail.com

Welcome newest members:

Reva Felder - Joined 05/17/2023
Debra Ferro - Joined 04/25/2023
Mary Schur - Joined 05/22/2023

These members recently renewed:

Robert Davidson
Cathy Hill
Gopal Kasichainula
Ronna Leibach
Diane Martinez
Jay Thompson
Eileen Zittnan

These members did not renew their dues:

(date shown is date membership expired)
Cynthia Pausic - 04/30/2023
Karol Stirneman - 04/30/2023

To renew your dues today, go to
SinglesGolf.com/renew If you wish to
renew over the phone, call 980-833-6450,
M-F, 9-2 Eastern Time.

Our chapter currently has 86 members.

**The Psychology of Golf: Tips for
Mental Preparation**

Psychology plays a vital role in golf; a positive mindset and mental preparation are essential for success. Here are a few tips to help you mentally prepare for your round of golf:

1. Relax: A calm body and mind are crucial for success in golf. Try relaxation techniques such as breathing exercises, yoga, or meditation.
2. Stay positive: Flood your mind with only positive thoughts, such as successful shots and past victories.
3. Visualize your achievements: Visualize your success and celebrate it. Visualizing success helps to build confidence.

4. Focus on the process: Concentrate your mind on the shot accuracy, focus on your swing, and execute to the best of your ability.
5. Practice visualization: The practice of visualization ensures that your mind is prepared to execute the shot correctly.

5 Tips for Improving Your Golf Game

Golf is a sophisticated game requiring more than just the physical courage and aptitude to win. It requires patience, planning, and an unwavering commitment to your goals. Here are five tips to improve your golf game:

1. Master the basics: Start by familiarizing yourself with the fundamental golf swings. Practice well with all the necessary clubs you need and perfect each swing.
2. Maintain your composure: Remember to maintain a calm mental state when playing. Do not let negative thoughts make you lose focus.
3. Improve your swing: Ensure that you have an effective golf swing by working on your grip and clubhead positioning.
4. Build muscular strength and endurance: A great deal of physical strength is needed to play golf proficiently. Create a workout routine that includes endurance exercises and weightlifting.
5. Stay consistent: Maintain steady practice sessions; consistency is the key to improving your game.



Your chapter newsletter follows after the following pages . . .

ASGA Annual Dues are \$89.00. Do you want LOWER DUES?

HOW WOULD YOU LIKE ONE YEAR OF FREE DUES?

You likely joined the American Singles Golf Association because you wanted to meet more singles and play more golf. We can't help you with your golf swing, however, we're on a mission to grow your chapter's membership. ***Golf season is upon us . . . are you onboard to grow your chapter or are you satisfied with your current membership level?***

Here's the plan:

- 1) on the following page, you'll see a revised ***"Single? Play Golf?"*** sign. It now has five (5) tear-off tabs instead of eight (8).
- 2) You write-in your identification (either your member number or first initial + last name) on each of the tabs. Use scissors to cut the tabs apart.
- 3) You print as many signs as you wish, keep them in the front seat of your car along with some push pins and post them ***anywhere you're permitted*** to post, e.g. golf shop bulletin boards, golf shop restrooms, driving ranges, stores, etc. ***If you would like ASGA National to print five (5) yellow signs for you, please let us know by emailing Irene@SinglesGolf.com or calling 980-833-6450 from 9am-1:45pm, M-F, Eastern.***
- 4) For every three (3) people who join using your name or ID on the yellow sign, you'll receive 12-months of ASGA membership. Note: your name or member number, as the referrer, must be submitted **with** the new member's application. No exceptions. No retroactivity. Please do not add your own name to an application form. It must be completed only by the member currently joining and completing the application.
- 5) New members can join over the phone, at our website (SinglesGolf.com/join), fax, etc., however, **they MUST use your member number or name at the time of joining as the person who referred the new member. Again, no exceptions to this policy.**
- 6) ASGA National will keep track of how many new members you get credit for and will automatically add 12-months to your membership. Please, no slanting of these rules

Be a Hero in Your Chapter.
Get the signs printed and get them hanging!
(and remind others to participate)

SINGLE? PLAY GOLF?



The Chicago Chapter of the American Singles Golf Association WANTS YOU!

We're 2,500 members in 50 cities and we're ALL ABOUT HAVING FUN! So if you're single (i.e. divorced, widowed, legally separated or never married) and enjoy meeting others through the game of golf, you're invited to inquire about joining by calling the American Singles Golf Association at 1-888-465-3628 (1-TRIPLE-EIGHT-GOLFMATE) or visit SinglesGolf.com.

Meet MORE Singles! Play MORE Golf!



TEAR OFF A TAB BELOW

American Singles Golf 1-888-465-3628 SinglesGolf.com/join Please mention my name when joining! Ref. by _____	American Singles Golf 1-888-465-3628 SinglesGolf.com/join Please mention my name when joining! Ref. by _____	American Singles Golf 1-888-465-3628 SinglesGolf.com/join Please mention my name when joining! Ref. by _____	American Singles Golf 1-888-465-3628 SinglesGolf.com/join Please mention my name when joining! Ref. by _____
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IN ADDITION, WE CAN SEND YOU FREE BUSINESS CARDS!

As you have seen from the previous two pages of this newsletter, ASGA National is committed to seeing your chapter grow. We believe by asking each individual member for help, your chapter will grow its membership.

Besides using just the yellow signs to gain more members in your local chapter, **upon request** we will also provide you with ASGA business cards as shown below. More can be sent to you if needed, but we'll start out by sending you 25 business cards that you can give to anyone you believe might be a potential member. Are you out and about and see someone wearing a golf shirt or hat? ***Start a conversation:*** tell them you're a part of a local club for singles who play golf and simply ask "***are you single?***" Even if they aren't, chances are they know a golfer who is. Give them a card that's pre-filled with you name (or member #) and contact info.

Remember, you get free dues for referring 3 new folks who join!

Below shows how your business card appears. They don't come to you automatically, you'll have to order them. E-mail Irene@SinglesGolf or call 980-833-6450 (9am—1:30pm, Mon-Fri, Eastern) for your free 25 cards.

***- - Tom Alsop
President and Founder
American Singles Golf Association***

25 Business Cards Will Be Mailed to You Upon Request!



Front side of business card

ASGA Member _____
Call / Text _____
When joining, please be sure to reference my name or member number on the application form. Thanks!
www.SinglesGolf.com/join \$7.42/month payable annually

Back side of business card



GET READY TO TEE OFF

FOR MORE FUN - FELLOWSHIP - FAIRWAYS!

4 WAYS TO JOIN:

- ♦ Call Us at 1-980-833-6450
- ♦ Fax This Form to Us
- ♦ Email/Mail This Form To Us
- ♦ Online (SinglesGolf.com/join)

APPLICATION TO ☐ JOIN ASGA ☐ RENEW MY MEMBERSHIP

Note: Meeting locations may vary. Upon joining, you will receive a monthly newsletter telling you about monthly meetings, outings, etc. If you have any questions, contact your local chapter leader or call 1-888-GOLFMATE or 980-833-6450. **Please complete information box at right.**

MONTH & DAY BORN _____
YOUR USGA HANDICAP® _____ or
AVERAGE GOLF SCORE _____

Dues are **\$89.00** for 12 months) OR **\$178.00** for 24 months (includes free ASGA logo'd shirt when joining for two years!). Best rate per year is **\$267** with our "buy 3 years, get 4th free + shirt" plan. Credit card users: JOIN BY PHONE: **980-833-6450** or FAX COMPLETED FORM TO **980-225-0231**. Your membership kit will be mailed upon receipt of payment. **Free shipping if ASGA shirt is ordered with application.**

PRINT CLEARLY - THE INFO BELOW SHOWS HOW IT WILL APPEAR ON YOUR CHAPTER'S ROSTER. (*SEE OPT-OUT CLAUSE BELOW)

HOW DID YOU HEAR ABOUT US? _____ CHAPTER YOU ARE JOINING OR RENEWING IN: _____

NAME _____ E-MAIL ADDR: _____

ADDRESS _____ CITY _____ ST _____ ZIP _____

HOME (_____) _____ WORK/CELL (_____) _____ EMPL. BY _____

POSITION _____ () AVAILABLE FOR WEEKDAY GOLF () WILLING TO VOLUNTEER FOR CHAPTER

NOTE: ASGA DOES NOT CONDUCT BACKGROUND CHECKS ON APPLICANTS FOR MEMBERSHIP OR MEMBERS OF THE ASSOCIATION. Golf can be a dangerous sport. Accidents can occur by you or another party striking a golf ball, by a golf cart turning over, or simply falling down steps. PLEASE TAKE ADEQUATE PRECAUTION when playing in ASGA events. Chapters and individuals running golf tournaments are not professionals but are volunteers, and therefore, you must assume additional responsibility for your own safety. Please abide by the safety rules posted inside your golf cart, at the golf course, as well as the official website of the United States Golf Association (www.USGA.org). If you have a safety concern, you must immediately bring it to the attention of the person(s) running an event, your chapter president or golf course management personnel.

LEGAL STUFF: Read this section in a larger font at SinglesGolf.com/Legal-Stuff

RELEASE FROM LIABILITY AND EXPRESS ASSUMPTION OF RISK: I, the undersigned Applicant (hereinafter referred to as "Releasor"), in consideration of being permitted to participate in golf activities organized or sponsored by ASGA, Inc., d/b/a American Singles Golf Association, a Delaware Corporation, or its affiliate chapters in the United States and Canada, (the "Releasees") and other good and valuable consideration, the receipt and sufficiency is hereby acknowledged, hereby on behalf of myself and my heirs, distributees, guardians, and legal representatives agree to fully indemnify, defend, hold harmless, and not to sue Releasees and/or Releasee's directors, officers, employees, agents, and affiliates from and on account of any and all past, present, and future claims, debts, causes of action, damages, personal injuries, wrongful deaths, property loss, and property damage (including attorney's fees and costs relative thereto), whether due or not, direct or contingent, liquidated or unliquidated, latent or patent, known or unknown, which in any way concern or relate to any act or omission of Releasees. Except in the event of any gross and willful negligence, I shall bring no claims, demands, actions and causes of action, and/or litigation, against Releasees for any economic and non-economic losses due to bodily injury, death, property damage, sustained by me in relation to the premises and operations of the golf course, including riding on golf carts or playing the game of golf. I am aware that participation in and/or observance of the golf activities and/or other activities sponsored by Releasees is or may be an inherently dangerous activity and may have health-related risks, and agree that I am voluntarily participating in and/or observing such activities with full knowledge of all dangers and risks involved. In addition, I hereby expressly assume all risks of injury, death, property loss, property damage, and other loss and damage which may occur relative to my participation in and/or observance of such activities. I understand and agree that this Release includes any and all claims based on the past, present and future ordinary negligence, action, and/or inaction of Releasees and/or Releasee's directors, officers, employees, agents, and affiliates. I acknowledge that I have read this Release, have been fully and completely advised of the potential dangers incidental and inherent to the participation in and/or observance of the activities organized and/or sponsored by Releasees, and am fully aware of the legal consequences of signing the Application Form acknowledging this Release. I agree that this Release, waiver and indemnity agreement is intended to be as broad and inclusive as permitted by the laws of the State of my residency, and that if any portion of this Release is held invalid, it is agreed that the balance shall, notwithstanding continue in full force and effect.

TERMS AND CONDITIONS: Membership in the American Singles Golf Association (ASGA) becomes effective upon receipt of dues and is valid for the period of time requested as indicated on the application form, subject to these Terms and Conditions. I am 21 years or older, single (i.e. never married OR divorced OR legally separated OR widowed), and have read and accepted, as a condition of joining, the Release from Liability and Express Assumption of Risk shown above.

I understand that dues are non-refundable and are subject to change. I agree that all rosters, membership lists, e-mail addresses, or any other information provided to him/her as a result of their membership in ASGA are the property of ASGA and shall not be used for any purpose other than ASGA. I understand that the information provided on the Application for Membership may be reproduced on the chapter's roster and distributed to other ASGA members and published on www.SinglesGolf.com, otherwise, I will note at the bottom of this form if I wish certain information not to be published.

*** OPT-OUT CLAUSE:** I understand that I may, at any time, request any information on me not to be reprinted, reproduced or distributed, such as home phone, address, etc. in or on any newsletter, roster, website, etc. Such request to be noted below in "Notes by Applicant" section or emailed to info@SinglesGolf.com. ASGA may not be held liable for inadvertent publishing of opt-out information.

PRIVACY: See our privacy policy at www.SinglesGolf.com/privacy

DISPUTES: In the event of any dispute of any matter or concerning the terms and/or conditions of membership, those matters and/or the interpretation of the terms and conditions shall be governed by the laws of the State of North Carolina and the parties agree to submit disputes arising out of or in connection with this Agreement to courts of Mecklenburg County, North Carolina.

AGREEMENT TO POLICIES OF THE NATIONAL ORGANIZATION (ASGA) AND LOCAL CHAPTER: By submitting this form and payment, I agree to abide by the "ASGA Policies" as outlined in the Policy section of www.SinglesGolf.com/policy as well as ASGA bylaws (www.SinglesGolf.com/bylaws) and my local chapter's bylaws and policies as currently in effect.

See above Legal Stuff in larger font online at www.SinglesGolf.com/Legal-Stuff

NOTES BY APPLICANT: _____

JOIN FOR 2 YEARS - GET A FREE GOLF SHIRT! JOIN FOR 3 YEARS - GET 4TH YEAR + SHIRT FREE!

- ☐ **DUES - 24 Months - \$178** (includes free ASGA logo'd shirt - Most Popular!)
- ☐ **DUES** (Join for 3 years, 4th year free - \$267 (incl. free shirt - best value)
- ☐ **DUES - 12 Months + ASGA logo'd golf shirt - \$119** (includes shipping)
- ☐ **DUES - 12 Months - \$89**

If a shirt is included, indicate () Male () Female Size: _____

REFERRED BY: _____

Check Paid To "ASGA, Inc." Enclosed** TOTAL \$ _____

Please charge my major credit/debit card indicated below:

No. _____ Exp. _____ 3/4 digit _____

SIGNATURE REQUIRED! By signing below, I agree to the Terms, Condition and Release ("Legal Stuff") as set forth at left and, if appropriate, authorize payment by my credit/debit card shown above.

Signature **X** _____ Date _____

Credit Card Users Can Join By Calling 980-833-6450, 9-2 Eastern Time, M-F
Join By Fax: 980-225-0231 or Scan & Email to Info@SinglesGolf.com

Mail: ASGA, 1122 Industrial Dr. #107, Matthews, NC 28105